



Clinical Program Summary

October 2021

McLean Hospital Clinical Program Summary Inpatient (Insurance)

Program	Location	Bed Capacity	Target Population
Alcohol and Drug Abuse Treatment Unit	Proctor House 1 Belmont Campus	21	Co-ed adult: substance use disorders
Community Reintegration Unit	North Belknap 2 Belmont Campus	22	Co-ed adult: schizophrenia/bipolar disorder
Dissociative Disorders and Trauma Unit	Proctor House 2 Belmont Campus	21	Co-ed adult: predominantly women dissociative disorders/trauma
Geriatric Neuropsychiatry Unit	South Belknap 2 Belmont Campus	18	Co-ed geriatric adult: dementia
MSE Adult Psychiatric Treatment Unit	McLean SouthEast at Isaac St Middleboro, MA	34	Co-ed adult: primarily depression/anxiety
NB1 Adult Unit	North Belknap 1 Belmont Campus	20	Co-ed adult
Oak St Adolescent Inpatient	McLean SouthEast at Oak St Middleboro, MA	22	Co-ed adolescent
Oak St Adult Inpatient 1N	McLean SouthEast at Oak St Middleboro, MA	24	Co-ed adult: primarily psychotic disorders
Oak St Adult Inpatient 1S	McLean SouthEast at Oak St Middleboro, MA	22	Co-ed adult: primarily depression/anxiety
Older Adult Unit	South Belknap 1 Belmont Campus	18	Co-ed older adult: primarily depression/anxiety
Schizophrenia & Bipolar Disorder Unit	Admissions Building 2 North Belmont Campus	21	Co-ed adult: schizophrenia/bipolar disorder and many first episode psychosis. Includes ICU wing
	Admissions Building 2 South Belmont Campus	21	
Short Term Unit	Admissions Building 1 North Belmont Campus	23	Co-ed adult: primarily depression/anxiety, life crisis/suicidality
	Admissions Building 1 South Belmont Campus	22	

**McLean Hospital
Clinical Program Summary
Residential/Partial (Insurance)**

Program	Location	Bed Capacity	Target Population
Alcohol and Drug Abuse Treatment Program (ADATP) Partial	Proctor House 1 Belmont Campus		Co-ed adult: substance use disorders
Behavioral Health Partial Program (BHPP)	Recreation Building Belmont Campus		Co-ed adult: depression/anxiety
Belmont Adolescent Partial Program	Academic Center Belmont Campus		Co-ed adolescent: mood, anxiety and self-destructive behavior
Hill Center for Women Partial Program	Hill Center Belmont Campus		Adult women: trauma/self-destructive behavior and Women's LEADER
Klarman Eating Disorders Residential and Partial	Bowditch Belmont Campus	20	Transitional teenage and young women: eating disorder
Men's LEADER Residence	Mill Street Lodge Belmont Campus	8	Law enforcement/active duty/emergency responders
MSE Adolescent Residential Treatment (ART) Residential and Partial	McLean SouthEast at Isaac St Middleboro, MA	22	Co-ed adolescent: mood/ anxiety/self-destructive behavior
Naukeag Residential and Partial	North Main Street Petersham, MA	30	Co-ed adult: substance use disorders
OCD Institute, Child & Adolescent (OCDI Jr.)	East House 1 Belmont Campus	24	Co-ed child/adolescent with obsessive compulsive disorder
OCD Institute, Adult Residential and Partial	East House 2/Orchard House Belmont Campus	27	Co-ed adult: obsessive-compulsive disorder

**McLean Hospital
Clinical Program Summary
Residential/Partial (Self-Pay)**

Program	Location	Bed Capacity	Cost per Day*	Target Population
3 East Boys Intensive DBT Residence	Claremont Building Arlington Campus	16	\$1,435	Adolescent and college age male: borderline personality disorder
3 East Girls Intensive DBT Residence	Hillside Building Arlington Campus	15	\$1,435	Adolescent and college age female: borderline personality disorder
3 East Girls Cambridge Residence	Homer Ave. Cambridge, MA	10	\$685	Adolescent female: borderline personality disorder
3 East Intensive DBT Partial	Claremont Building Arlington Campus		\$800	Co-ed adolescent: borderline personality disorder
Appleton Residence	Appleton Building Belmont Campus	25	\$775	Co-ed adult: bipolar-psychosis
Borden Cottage	Bay View Street Camden, ME	8	\$2,465	Co-ed adult: substance use/co-occurring disorders
Fernside	Mountain Ave. Princeton, MA	9	\$1,990	Co-ed adult: substance use/co-occurring disorders
Gunderson Residence	Spruce Ave. Cambridge, MA	10	\$1,650	Adult women: borderline personality disorder
Lincoln Residence	Old Cambridge Tpke. Lincoln, MA	8	\$1,025	Co-ed adult: wide spectrum and Pavilion step down
Pavilion/East House 3 Residence	Wyman Building/East House 3 Belmont Campus	12	\$4,250	Co-ed adult and college age: wide spectrum of psychiatric disorders

*as of 10/1/2021

McLean Hospital Clinical Program Summary Outpatient Services and Schools

Program	Location	Capacity	Target Population
Adult Outpatient Clinic	Service Building Belmont Campus		Co-ed adult: broad spectrum psychological disorders
Arlington School	Arlington Building Belmont Campus	40	Co-ed adolescents: Social and emotional issues- including depression, anxiety, bipolar disorder, trauma, ADD/ADHD (grades 9-12)
Child and Adolescent Outpatient Services	Sancta Maria Concord Ave. Cambridge, MA		Co-ed child/adolescent: neuropsychological, mood and anxiety disorders
Geriatric Outpatient Program	South Belknap Belmont Campus		Co-ed adult (50+): mood and cognitive disorders
Pathways Academy	Hillside Building Arlington Campus	30	Co-ed child/adolescent: autism spectrum and related disorders (ages 6-22)